



RHIANNON JENKINS
CLASSES

SKILLS

FOUNDATIONS OF IMPROV: A MULTI-WEEK COURSE

Discover the magic of improvised theatre

Learn to think on your feet, react with emotional honesty, and develop the discipline for comedy from two world-class improv teachers. Co-taught with Chris Griswold.

ACTING FOR IMPROVISERS - EMOTIONAL RECALL

Guide your acting with your emotions

Do you wish you had more "acting chops" when improvising? In this workshop, we will explore sense memory and emotional recall to fully immerse yourself in scenes. Using techniques from practitioners such as Stanislavsky, we will draw from your own memories to discover your acting potential.

ACTING FOR IMPROVISERS - G.O.T.E.

Intentional improv via text-based technique

This experimental improv workshop applies exercises usually used in scripted work. We will see how Robert Cohen's "Goals, Obstacles, Tactics, and Expectations" practice can be used in unscripted theatre.

ACTING THROUGH SONG

Dynamic vocal performance

In this workshop, we will explore acting exercises and techniques to help you bring dynamic and truthful acting into your singing. We will work on vulnerability and emotional clarity to bring out the heightened emotions truly engaging musical performances need.

VOCAL TECHNIQUE FOR IMPROVISERS

Discover your most powerful voice

This workshop helps you discover your voice's full power and potential. Improve your vocal work using tried and tested techniques and exercises, and learn how to use your voice effectively. You will leave with a variety of exercises to ensure you are using the maximum capacity of your voice without strain.

LISTEN UP!

Become a rockstar scene partner

This workshop trains you to put all your attention on your scene partner and receive everything they give you. Become everyone's favourite scene partner!

WHO ARE YOU? BRINGING YOURSELF TO THE STAGE

Discover your most authentic performance

This workshop will encourage you to be more vulnerable, more truthful, and more yourself on stage. All this will make you more comfortable on stage and better able to connect with your scene partner.

NICHE FOCUS

INSTRUCTOR SYMPOSIUM

Improve your teaching

Part forum, part instruction, our instructor symposium boosts the level of problem-solving, flexibility, and professionalism in your teachers. A great way to reinvigorate your community's pandemic-era return. Co-taught with Chris Griswold.

INTIMACY ON ZOOM (ONLINE ONLY)

Create intimate scenes, even online

“Making real connections on zoom is impossible!”. Or is it? In this workshop, students learn to create intimacy and share a strong connection with your scene partner. Together, students explore a more grounded, affectionate, and tender way of playing in the online space with a focus on consent and trust.

HOT UNDER THE COLLAR

Bring sexuality and flirting into your improv

This class will teach you how to discover your hot and sexy self on stage. With a focus on fun, consent, and building confidence, students will practice flirting, creating intimate scenes, and finding your unique brand of hotness.

FINDING YOUR FLOW: PERIODS, PERFORMING & YOU

Harness your menstrual cycle for performance

In this course, we will explore how menstrual cycles can make performing easier and more engaging. We will explore the our bodies' seasons and examine our strengths and limitations in each interval. The course is designed to be inclusive beyond only cis-women, and anti-trans sentiment are not welcome.

DEATH, DYING, & BEREAVEMENT: AN IMPROVISED JOURNEY

Handle complex emotions in improv

Unsure how to approach difficult subjects like loss and grief? Want to bring more pathos to your improv? In this workshop, we will examine our relationship with the end of life, how to present this relationship truthfully, and how to maintain compassion and humour throughout.

A RUGBY PLAYER'S GUIDE TO IMPROV

Bring powerful physicality to your scenes

Want to be a physical, front-footed, and athletic improviser while cultivating a powerful group mind? Then this is the workshop for you. Based on the Rugby principles of team play, always moving forward, and supporting, and maintaining continuity, we will explore how these principles of play can help you on your improv journey. You will leave this workshop feeling emboldened, empowered, and a little sweaty!

GENRE

FAIRYTALES AND FABLES

Morals, mischief, and mayhem

Re-imagine your favourite fairy tale characters, build imaginative worlds, and perform incredible stories. Discover morals and invent new fantastical tales with a group of like-minded storytellers.

All the workshops listed are available in person, online, or hybrid, and have been adapted into multi-day courses.

Rhiannon also offers one-to-one voice and acting training for children and adults, as well as coaching for improv teams.

**FOR FURTHER INFORMATION,
AVAILABILITY, AND RATES:**

rhiannon@rhiannonjenkins.net